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Spring 2021

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BC SIGNS ARTICULATION AGREEMENT IN COACHING WITH RANDOLPH

On Jan. 20, Bridgewater and Randolph College in Lynchburg, Va., entered into an articulation agreement for students interested in pursuing a career in coaching. BC graduates with a coaching minor who meet minimal admissions requirements for the Randolph College Master of Arts in Coaching and Sport Leadership (MACSL) program will be guaranteed one of three reserved slots

annually. Bridgewater College's coaching minor is accredited by the National Committee for the Accreditation of Coaching Education (NCAACE) and was the first undergraduate program at a private, four-year liberal arts college to be accredited. Aimed at preparing competent and quality coaches, the BC program is aligned with the NCAACE *Standards for Sport Coaches*.

"Providing an opportunity for our graduates to enhance their already sound coaching education through guaranteed acceptance into Randolph College's MACSL program is a wonderful opportunity for our young coaches to grow and become impactful professionals in their future careers," said Dr. **Barbara Long**, Division Head. Providing this opportunity for BC students enables those students to further their education while teaming coursework with practical coaching placements in the Lynchburg and surrounding areas.



MESSAGE FROM THE DIVISION HEAD

I've spent most of my life being competitive, as anyone watching March Madness with me would likely ascertain. I grew up playing sports, which meant that someone

won and someone lost. I love competition and suppose that has bled into my life in areas outside of sports.



Dr. Barbara Long

This year, however, has led me to reflect on the spirit of cooperation.

The pandemic has separated us in so many ways, but, above all else, I have marveled at the cooperation I found around me. At the beginning of the school year, I needed an adjunct faculty member, and immediately four different local institutions tried to help me staff the position.

Throughout the year, colleagues have offered their ideas to one another about strategies for teaching. Families have juggled child homework, professional work and duties around the house. Technologically savvy people have shared their knowledge with those who never used Zoom or FaceTime before.

In this newsletter, I highlight many good things that our faculty or students have done this last year. The one thing I cannot show in an article is the way they have cooperated to achieve a successful academic year. So here's to cooperation and all the ways we bring ourselves together while striving for common understanding.

Best wishes,

Barbara

Dr. Barbara Long
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SHRM Endorses New Master of Science in Human Resource Management Program

In February, the Society for Human Resource Management (SHRM) announced that the Bridgewater College Master of Science in Human Resource Management (MSHRM)

program fully aligned with the 2005 *SHRM Human Resource Curriculum Guidelines*. BC's MSHRM graduates will now be able to apply for the SHRM Certified Professional (SHRM-CP)

exam. In reviewing national salary data, SHRM reports that SHRM-CP credential holders have a salary that is more than 20% higher than that of employed human resource professionals without the designation. Dr. **Barbara Long** said, "From the beginning, Dr. **Roslyn Vargas**, Director of the MSHRM program, had the foresight to ensure all courses in the program included the key competencies and objectives required of SHRM-aligned programs." The MSHRM program is now also listed on the SHRM website, bringing the program greater visibility. With more than 300,000 members, SHRM is the premiere advocacy and professional organization for human resource practitioners in the world.



Dr. Roslyn Vargas with students.



Carr Receives Mednick Fellowship

Dr. **Jennie Carr**, Associate Professor of Education, is the 2021 Virginia Foundation for Independent Colleges (VFIG) Mednick Memorial Fellowship recipient. "Math Matters Too!" is a virtual math mentorship project between a math methods course and a rural Title I elementary school designed to strengthen students' foundational mathematical understanding through movement and manipulatives. The project will team preservice teachers (undergraduate teacher education candidates) with upper-level elementary school students.

This research is attempting to evaluate mitigation strategies for lagging math development in elementary students following learning disruptions related to the COVID-19 pandemic. Providing mentorship opportunities in which teacher education candidates are able to work individually with a third-, fourth- or fifth-grade student may improve those students' math skills retention. Using quantitative research, Carr will identify if these students grow in math proficiency as the result of utilizing math manipulatives, virtual discussions and digital penpals. The project will also examine participants' beliefs about math enjoyment and ability to do math, on the part of both the elementary school students and the preservice teachers. The study will run throughout the 2021-2022 academic year, with approximately 30 preservice teachers and 60 elementary school students.

Students and Faculty Present at VAFCS Conference

While most conferences have moved to remote delivery, student and faculty presentations have continued. Dr. **Donna Hoskins**, Department Chair of Health and Human Sciences, and Prof. **Deborah Dunn-Frederick**, Instructor of Health and Human Sciences, helped their students secure several presentations at the Virginia Association of Family and Consumer Sciences (VAFCS) state conference held April 16-17. Hoskins and **Lauren Shippa**, senior family and consumer sciences major, presented, "The Effects of Parental Guidance on Children during COVID." Likewise, Professor Dunn-Frederick

assisted several nutritional science and health and exercise science majors in their presentations.

Lewam Gidey, sophomore nutritional science major, presented, "Gastritis: What Is It and What Is the Medical Nutrition Therapy?" **Jenna Claire Ashley**, junior nutritional science major, presented, "Epilepsy and The Ketogenic Diet," while **Lynsey Taylor**, senior nutritional science major, presented "Comparing the Medical Nutrition Therapy Approach to Type 1 Diabetes Mellitus in Adults and Youth." **Courtney Cooke**,



senior health and exercise science major, presented on "Nutritional Needs for Preterm Infants."



COMMUNITY NUTRITION STUDENTS PRESENT TO BRIDGEWATER RETIREMENT COMMUNITY

Independent living residents at Bridgewater Retirement Community (BRC) heard students from Prof. **Deborah Dunn-Frederick's** community nutrition class deliver a 40-minute presentation on eating healthy. Organized by the registered dietitians at BRC and Prof. Dunn-Frederick,

"Healthy Food is a Happy Life - Feel Good with Smart Choices" was delivered by **Lewam Gidey**, sophomore nutritional science major, and **Lynsey Taylor**, senior nutritional science major. The presentation focused on healthy snack options and reading food information labels.

2021 Retirements in Professional Studies

The Division of Professional Studies is warmly sending off three retiring faculty at the end of this academic year. Prof. **Tom Rosengarth** is retiring after 16 years as an Instructor in the Department of Economics and Business Administration, from which Prof. **Ron Kline** is also retiring after 13 years of service as an Instructor. In addition, Prof. **Deborah Dunn-Frederick** is retiring from the Department of Health and Human Sciences after 13 years as an Instructor.



(Clockwise): Prof. Deborah Dunn-Frederick, Prof. Tom Rosengarth and Prof. Ron Kline

2021 COLLEGE AWARD WINNERS

ECONOMICS AND BUSINESS ADMINISTRATION

Robert L. Hueston Endowed Scholarship

Tyler Fink, Torie Shifflett, Joshua Trapp

David G. and Margie Messick Smith Endowed Scholarship

Emily Senger

David E. Will Endowed Scholarship for the Support of Public Accounting

Tyler Fink, Torie Shifflett

Outstanding Senior in Economics and Business Administration Award

Kayla Cline

EDUCATION

Virginia Scholars Award

Michaela Deputy

Teacher of Promise Awardees

Raegan Baker, Elizabeth Haldane,
Brianna Mathura, Brooklyn Mitchell,
Claire MocarSKI

HEALTH AND HUMAN SCIENCES

Excellence in Academics

Rachel Petterson

Excellence in Leadership and Service

Jacob Pangle

Family and Consumer Sciences

Major of the Year

Calan Sparks

Health and Exercise Science

Major of the Year

Gemma Leonard

Health and Physical Education

Major of the Year

Claire MocarSKI

Nutritional Science

Major of the Year

Lynsey Taylor

EDUCATORS RISING COLLEGIATE COMES TO BC

Educators Rising Collegiate of Bridgewater College is a newly formed club for BC students in the Teacher Education Program. Educators Rising Collegiate is affiliated with Phi Delta Kappa International, a professional organization for teachers focused on social justice, engagement, excellence and results. According to their website, Educators Rising Collegiate chapters "help grow the profession by offering supports to keep students on track to graduate and get certified."

The new club recently hosted an advising support night and has designed a teacher education T-shirt for sale as a fundraiser. Plans for the fall semester include working with Student Life to welcome first-year students who plan on careers in education to campus and hosting a meet-and-greet with faculty.

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