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I AM

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I AM

By Karis David

Who am I when I've lost everything
Who is the I, that has lost
When I lose my home
When I lose my senses
When I lose my brain function and body
When I lose everyone I've ever known and loved
The people who made me, me
Who am I when I lose me
What if my favorite color was yellow instead of green
What if I can't remember my favorite color
What happens when I can't remember me
Am I the chatter inside my head, or
Am I the one listening
Am I the feelings that come and go, or
Am I the one who feels the swaying of the wind
Pulled in and out by the tide
Am I alive to everything I AM